



THE SWEETS OF SERENITY

Ingredients

A kilo of simple heart
Two kilos of clear conscience
Half a kilo of happy face
300 g of love
Two cups of laughter
Two teaspoons of nature

Method

Pour into the pot of your inner-self the clear conscience and the simple heart.
Mix them very well until they double in size and fill the pot.
Add the love and your preparation will gain a nice, warm color
Now put in the happy face and the laughter.
Take care not to make a frowny face, because this may scramble the mixture.
If you have some nature at hand, add some for a nice scent.
As soon as you mix all the ingredients very well, pour them into the tray of your soul, smoothen their surface with the good-will spatula and bake the sweets in the oven of patience.
Serve warm, sprinkled with trust in God.
Everyone who tasted those sweets acknowledges that their most distinctive flavor is **SERENITY**...